

H1N1 Nasal (Live Attenuated) Vaccine is now available. Boalsburg pediatrics will hold a vaccine clinic for current pediatric patients with scheduled appointments on Saturday, November 21st. Please call 466-7921 to schedule. Current adult patients may call the Department of Medicine (234-5056 for State College, 355-7322 for Bellefonte) to schedule a vaccine appointment.

Most children under age 10 require two doses of H1N1 Nasal Vaccine, at least 4 weeks apart. If your child received the first dose of the nasal vaccine at another facility, please provide documentation of their first dose at their vaccination appointment.

According to CDC guidelines, H1N1 nasal vaccine should NOT be given to the following groups:

- Children younger than 2 and adults 50 years and older.
- Pregnant women.
- Anyone with a weakened immune system.
- Anyone with a long-term health problem such as heart disease, lung disease, asthma, kidney or liver disease, metabolic diseases such as diabetes, anemia and other blood disorders.
- Children younger than 5 years with asthma or one or more episodes of wheezing during the past year.
- Anyone with certain muscle or nerve disorders (such as cerebral palsy) that can lead to breathing or swallowing problems.
- Anyone in close contact with a person with a severely weakened immune system (requiring care in a protected environment, such as a bone marrow transplant unit).
- Children or adolescents on long-term aspirin treatment.